

# EYES FIT 915

## PHOTOBIOLOGICAL STIMULATION OF EYESIGHT

### “915 TIMES FIT THROUGH THE DAY”

FIT 915 is a therapy and wellness system which has been designed for photobiological stimulation of the eyes, vision, brain, hormonal system with the help of modulated light emitting diodes. There is an enormous potential to regenerate the eyes and vision by irradiating them with light in a specific light spectrum. All organs around the eyes are activated by the light at the same time. The system works through two different LED beams: one red at 630 nm to regenerate the tissue and the white light at 11000 Kelvin modulated by the natural solar noise present in natural light.

Nature is manifesting under the influence of the sun light and synchronizes with the light-dark biorhythm phases; sunlight phases influence all living beings, and this is studied by the chronobiology. Due to our lifestyle today, these biorhythms are heavily disturbed with a negative outcome for health. With modern bioenergetic it is today possible to balance and restore the vision, hormonal system, psycho-emotional balance. FIT 915 is a bio-stimulation system by the aid of natural light without causing stress or damages to the eyes.

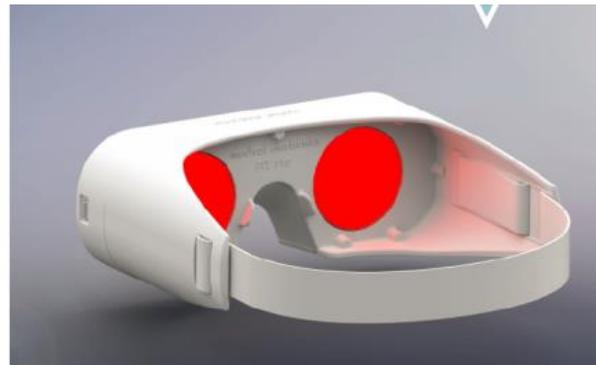


*EYES FIT 915*

### MAIN FEATURES & HEALTH BENEFITS

- FIT 915 consists of two parts:
- The active opto-electronic radiation part for white and red light
- The frame unit with the head strap; the head strap can be used to adjust the FIT 915 to your most comfortable head sizes. The alignment and correct assembling are facilitated by nine magnets along the internal edge, you cannot fail the correct position
- You have an ON and OFF switch and a setting button for the LED therapy light

- The photon radiation can be modulated via the USB connection (independently left/right). This enables psycho-neuro-vegetative information to be transferred. Thus, becomes possible super-learning, hypnosis, sleep disorders therapy, NLP and much more
- FIT 915 comes with a highly efficient rechargeable lithium battery
- ***FIT 915 starts always with the white light***; keep the eyes open during this therapy, the eyes will adjust very quickly to this bright light, like a walk from a dark room into the daily sunlight
- ***This white light is modulated with the solar noise*** noticeable through a subtle flicker; this white light is your wake-up signal, all cells start their “working day”. White light delivered by FIT 915 is completely free of the harming UV light and contains the necessary blue spectrum for a healthy sunlight



***PHYSIOLOGICAL BENEFITS OF WHITE LIGHT, 400-700 NM, 9000-14000 LUX.*** Our mood and health are primarily controlled by body biochemistry, hormones and enzymes. These biochemical messengers are mainly controlled by the light absorbed through the eyes. This therapy opens untold new possibilities influencing your positive mood, boost performance and energy, eyesight therapy and spectacular vision improvement

**Eyes are an important information provider to the brain.** Recent Research results in **chronobiology** have confirmed, that our inner biological clock runs slower than our 24-hour day. People who are deprived of daylight regulate their inner clock to

approximately 24½ hours. Every day our brain must be synchronised to the 24-hour day. Various malfunctions of the autonomic nervous system are the consequence of this. Only sunlight containing the colour spectrum the sun noise modulation and natural intensity can fulfil this task

**This light therapy has no age limits.** The application of bright white light is the optimal environmental condition to maximise your brain power at any age. Babies who grow up in direct daylight learn faster and better than those kept indoors. Seniors who spend a lot of time outdoors stay fit for longer, are enterprising, generally in a good mood and basically healthier. Find below some health conditions treated with Eyes FIT 915:

- Anti-depressive
- Positive thinking and good mood
- Motivation and driving force
- Emotional stability, mood constancy, less sensitivity
- Anti-anxiety reduces panic attacks
- Self-esteem and confidence, charismatic appearance
- Better concentration and focusing, more alert
- Memory improvement
- Better cognition
- Relaxation and stress relief
- Dopamine, serotonin and endorphin stimulation

***PHYSIOLOGICAL BENEFITS RED LIGHT, 630 NM, INTENSITY 12000-20000 LUX***

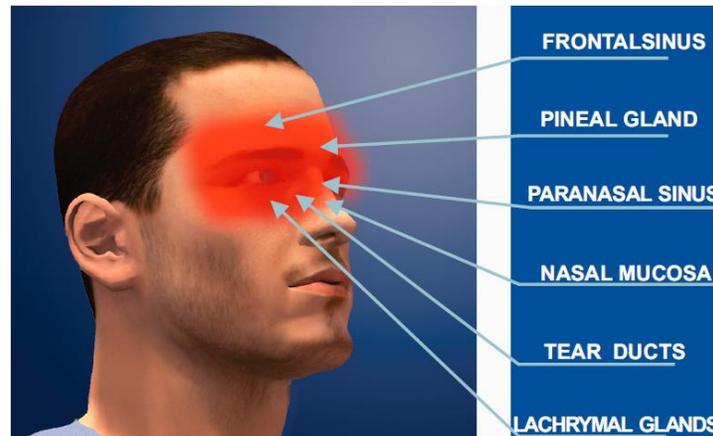
Red light has been successfully used for a long time in energetic medicine. In ophthalmology remarkable results are being noticed. This opens new opportunities for cases which up to now were hopeless such as macular degeneration, cataracts, retinopathy

**Scientific studies confirmed, that red light with a wave length of 630 nm offers maximum benefits for tissue regeneration.** This wave length is also used in photobiology to stimulate body self-healing effects. Maximum penetration depth and optimal absorption guarantees the best possible treatment results, even in deeper skin tissue. This ensures that the eye itself and all linked supply systems are benefiting from the healing energy of the photons

**The light absorbed by our eyes is used by the brain for various tasks.** Only about 15% of the light which the eyes absorb are used for vision purposes. The remaining 85% are used by the brain. Circulation, metabolism, blood pressure, hormones and a whole range of other important functions are directly or indirectly dependant on the light absorbed by the eyes

**The light unit FIT 915 irradiates a large area beyond the eye.** This influences all muscles near the eyes, glands and many additional blood vessels. Collectively the many individual benefits are responsible for the efficient regeneration of the eyes. Find below some eyesight conditions which can be treated with FIT 915:

- Blood circulation improvement
- Metabolism activation
- Cellular metabolism boost
- Cellular detoxification in depth
- Improvement of body fluids rheology
- Improves oxygenation at the cellular level
- Collagen and elastin synthesis support
- Improved lymphatic activity
- Improvement of muscles activity
- Stimulates tears glands
- Cataract, glaucoma
- Retinopathy, Macular degeneration
- Optic nerve revitalization



### **HOW TO USE FIT 915:**

Designed for photobiological stimulation of the eyes and associated organs.

*Direct organic and biological regeneration of the eyes*

Research results have confirmed beyond doubt the enormous ability of the eyes to regenerate if they are irradiated with the correct light. The unit **FIT 915** is equipped with such a light source which benefits the eyes during the application. While designing this unit great emphasis was given to the fact that all important organs around the eyes are activated at the same time. The unit incorporates two different special LED light sources. The intensive Red-light source with the biological optimal wave length (630 nm) for tissue regeneration and the intensive WHITE light source. The color temperature is 11000 Kelvin and the intensity is 8000 10000 lux. Both light sources are modulated by the natural "Solar Noise" which is present in natural sunlight. Use white and red light, alternate the light colors in 2, 5, 10 minutes tact; one session can be 20 minutes or longer there are no limitations, risks or side effects.

Use during the morning time more the white light (60% white to 40% red) and vice versa during the afternoon (60-80% red light to 20-40% white light)

Nature is controlled by the energy of the sun and at the same time by the rhythm of the individual light-dark phases of the daily intensity of light. An important biological criterion is the constantly changing spectral combination of the sunlight. The rhythm of light, specially sunlight, has an enormous impact on all living beings. The branch of science which studies circadian rhythms is called chronobiology. Surprisingly important associations between the correct light at the right time have in the meantime been irrefutably proven by scientific research.

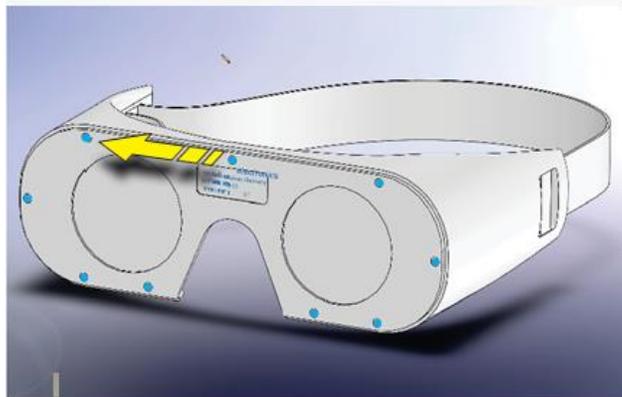
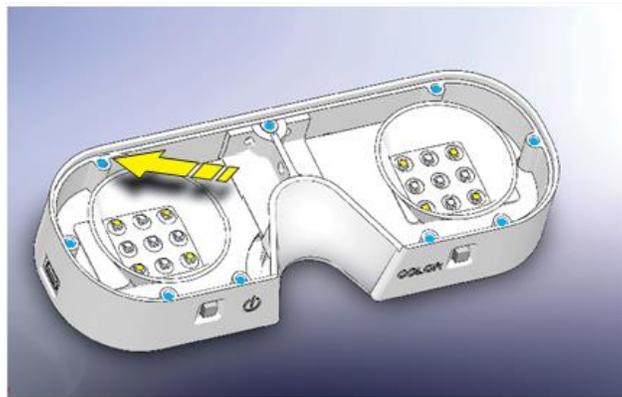
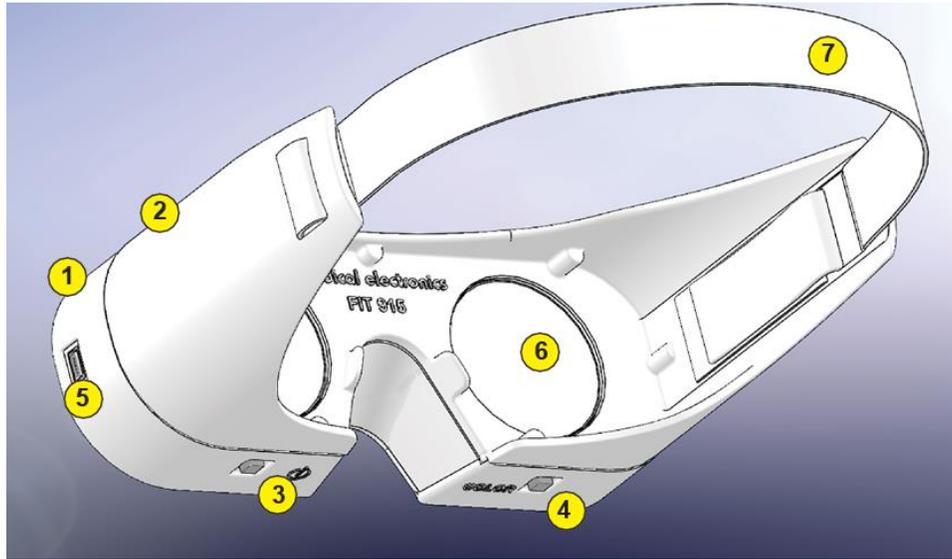
Comparing natural energetic rhythms with today's civilized life style we notice a definite deviation of the actual evolutionary rhythms. This deviation has a negative outcome for our health.

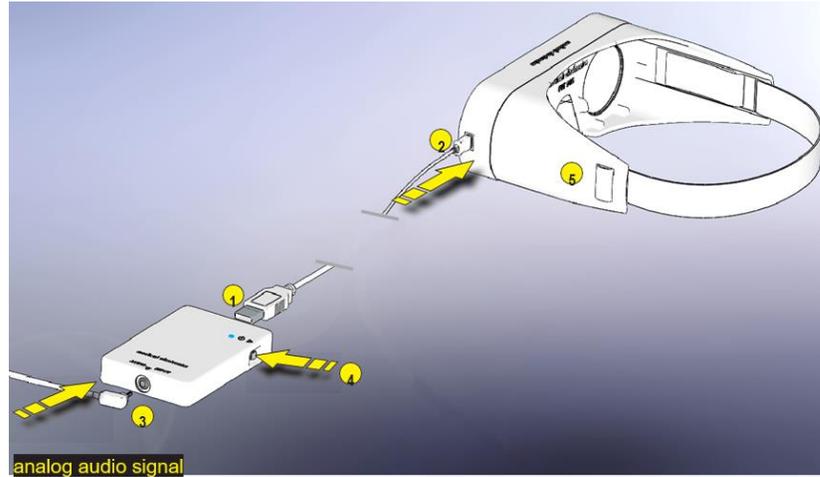
However, with today's modern opto-electronic our body can be bio-energetically balanced using the irradiation of the correct light. This is achieved by the optical stimulation with FIT915 which offers white light and a wide spectral band width.

#### ***PREPARATION FOR EYES FIT THERAPY:***

1. Find a semi-dark place where you cannot be disturbed, put aside mobile phone and stay out of Wi-Fi reach
2. Chronobiological therapy can be applied immediately after waking up or an hour before going to bed.
3. If possible, switch off all light sources near to you. Particularly fluorescent lamps and LED lights are troublesome
4. Loosen all tight clothing, especially near the throat and neck, where there should be nothing fitting tightly
5. Relax your body by doing 10 breathing exercises, relax all muscles especially around the throat and neck area
6. Before positioning the FIT 915 adjust the head strap to the correct length as described
7. Position the unit first and then switch it on with the button at the lower left of the unit frame. The unit automatically starts always with the white light
8. Choose between white and red light by pressing the lower right button. The attached operating instructions explain which light color (wavelength) to choose for which purpose
9. Depending on the mood at the time the treatment quickly leads to total relaxation followed by sleep as an automatic response. Therefore, you should be prepared for this when you start the treatment.
10. Once the head strap feels comfortable and safe, switch on the device (left bottom); it automatically starts with the white light; select at your choice the red light if treating your eyes during the afternoon or desire a more intensive eyesight therapy
11. The light flicker is the modulation of the Led beams with strong therapeutic effects, important part of the natural sunlight
12. Charging the battery: during the charging process (2-4 hours) the unit FIT 915 must be switched off
13. You can additionally transmit different audio-signals from external sources,

- especially if you want to stimulate the brain; in this case you will need an analog audio converter (optional accessory FIT ADW). Super-learning, hypnosis, meditation, NLP applications. You can use Neuro-Sync Alpha-7 programs.
14. Combine our products Castor Vision care and/or Herbeso Vision Care with the Eyes FIT 915 and the therapeutic results will be spectacular





1. Front side with electronics and LED
2. Head unit with strap and diffusion discs
3. ON/OFF button
4. RED/WHITE light button setting
5. UBS charging socket and modulation connection
6. Diffusion discs
7. Head Strap (adjustable)
8. Magnetic fasteners guide and hold together the front unit and head part
9. Adjustment of the elastic head strap: FIT 915 unit must be fixed loosely on the face, not causing any pressure on the face, so the strap should not be tightening. Separate the opto-electronic part and the head unit, remove the head strap from the Velcro, shift the head strap in the desired position and tighten it gently, fix the strap with the Velcro.

### **MAINTENANCE & CARE:**

This unit does not contain exchangeable components and does not need any servicing. The LEDs last for approximately 100000 hours. **This makes 11½ years if used continuously and correctly.** Please be careful not to damage the enclosure. Make sure the diffusion discs are not damaged. Check that the unit is not damaged in any way.

The built-in lithium rechargeable battery does not need servicing. Used correctly the life expectancy is approximately 6 years. If necessary, the rechargeable battery can only be replaced by the manufacturer.

Clean and disinfect the unit with a plastic soft cloth slightly moisturized with hydrogen peroxide. Pay attention not to get water or humidity inside the LED optoelectronics.

This System is ISO 13485 ISO certified as medical and wellness device.